

Inception Phase Results Workshop

International Food Atlas and Digital Platform for safeguarding, promoting and transmitting foodways to future generations



Way forward for the Implementation Phase





Outputs

Impact

Foodways as living heritage is safeguarded by communities, groups and individuals who exercise active and ongoing stewardship over it, thereby contributing to sustainable development for human wellbeing, dignity and creativity in peaceful and inclusive societies An **online digital platform** is developed to promote and support the safeguarding of foodways as living heritage through showcasing its diversity and its interlinkages with sustainable development.

Opportunities for **dialogue and learning** are created for promoting foodways safeguarding.

Knowledge generated on the role of foodways for community well-being and sustainable development, through research and analytical study.



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Inception Phase September 2023 -December 2024

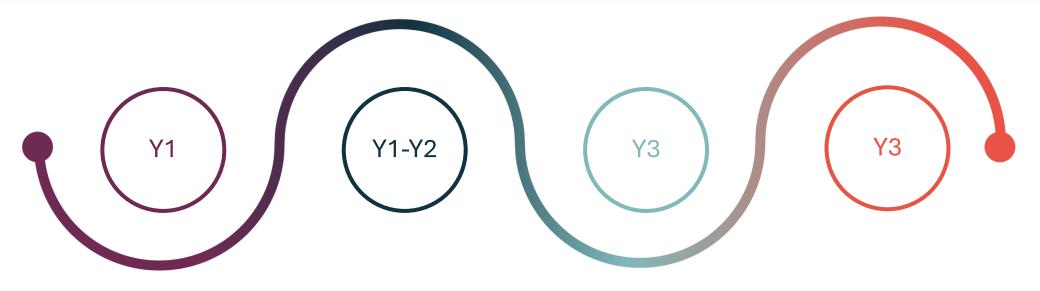
Desk Review and Expert
 Consultations
 (September 2023 – May 2024)

 Field Research (with UNESCO Field Offices)
 (June – October 2024)

 Inception Phase Consolidation (November – December 2024)



Inception Phase – Timeline



OCT - NOV 2023

- Scoping workshop
- Beginning of desk review
- Mapping of foodways as living heritage
- Identification of connections with other relevant programmes

DEC 2023 - MAY 2024

- Online workshops
- Identification of existing platforms related to foodways, gastronomy and culinary heritage
- Establishing of key partners for implementation
- In-presentia workshops in Paris
- Validation of selection criteria and guidelines for field

JUN – OCT 2024

- Launch of the field research with 8 Field Offices
- Identification of foodways related living heritage elements, concerned stakeholders, safeguarding initiatives and needs

NOV – DEC 2024

- Consolidation of results from the field research
- Establishment of value addition of the platform
- Selection of project countries



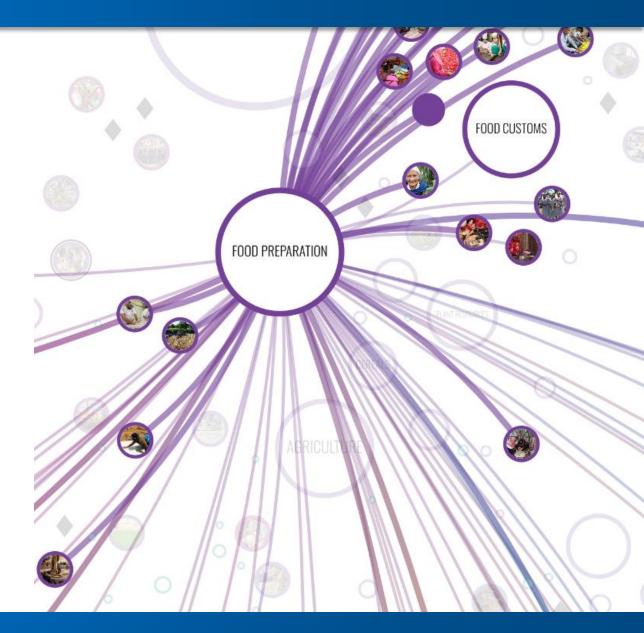


Consultant contracted between December 2023-February 2024

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Mapping of existing foodways related platforms

Mapping of 40 * inscribed foodways related living heritage elements



* Number of inscribed elements has increased to 50 post 19COM



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Scoping workshop: 30-31 October 2023 Identification of experts; mapping of existing platforms and initiatives

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Online Workshops: 14-15 December 2023 | 30-31 January 2024 Designing the digital platform for safeguarding foodways, showcasing their diversity and interlinkages with sustainable development

In-presentia Workshop: 11-12 March 2024 Enhancing impact of foodways global priorities and indigenous peoples







Community-based approaches are key for ensuring meaningful implementation.

Beyond mere consent, the active **involvement of priority groups** in the development of contents and storytelling for the digital platform

Capacity-building for safeguarding foodways as living heritage, and policy guidance tools are fundamental areas of UNESCO's expertise, that should be emphasized in project implementation

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Understanding foodways as living heritage and being better equipped for safeguarding should be the main value-added of the **digital platform** and in-country activities Communities at the heart of the project – bringing community voices to the fore and ensuring community ownership

Capacity-building and policy tools as key results

Added value of the digital platform with a focus on foodways as living heritage



Inception Phase – Field Research

Africa

Harare Office Eswatini Zambia Yaoundé Office Cameroon

Asia and the Pacific Bangkok Office Lao PDR Singapore Thailand

Beijing Office

China Japan Mongolia Republic of Korea Jakarta Office Indonesia

Arab States Doha Office Kuwait Yemen Rabat Office Morocco Latin America and the Caribbean Montevideo Office Bolivia (Plurinational State of) Peru

16 Countries
4 Regions
8 UNESCO Field Offices
50+ Foodways-related Living Heritage elements



Field inception phase – 5 elements inscribed on the Lists of the 2003 Convention



1. Traditional tea processing techniques and associated social practices in China (17.COM)



2. Traditional Japanese sake brewing techniques using koji mold (19.COM)



5. Practices and meanings associated with the preparation and consumption of ceviche, an expression of Peruvian traditional cuisine (18.COM)



3. Traditional technique of making Airaq in Khokhuur and its associated customs (14.COM)



4. Kimjang, making and sharing kimchi in the Republic of Korea (8.COM)

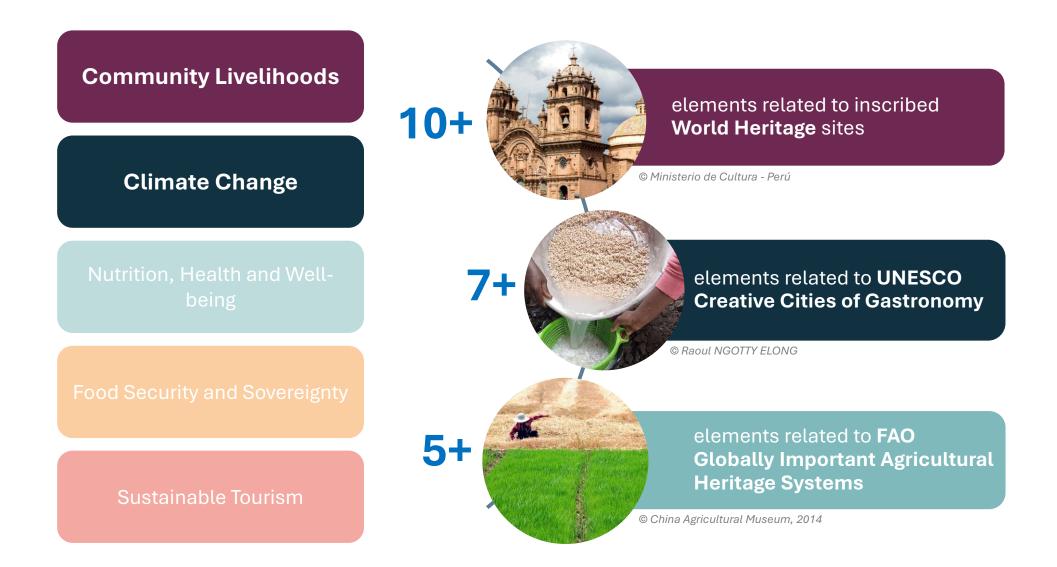
+ 5 foodways linked to other inscribed elements

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Field Research – Main Themes and Synergies Identified



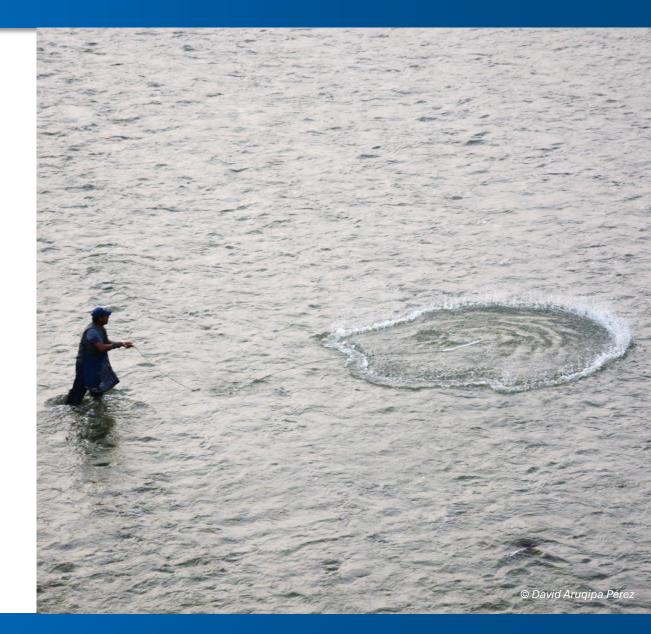


Traditional Fishing of the Weenhayek people in Bolivia

Communities are main guardians of traditional fishing, and have formed ORCAWETA, a non-profit indigenous social organization for the governance of Weenhayek people at the regional, municipal, departmental, national and international levels.

Regionalized school calendar enables academic pause from April to the end of July to allow the Weenhayek youth to partake in the traditions and customs of their people.

The Weenhayek Language and Culture Institute has incorporated the knowledge and practices of traditional fishing of the Weenhayek people into the regionalized curriculum, complemented by the oral tradition, stories, songs, and artisanal production through the native language and Spanish as a second language.





Visualization of seven-year cycle of shgèe before turning into khúe again (artwork from CROSSs exhibition) © SAC

Khúe-shgèe, rotational farming of Karen people in Northern and Western Thailand

Khúe-shgèe cultivation contributes to carbon sinking, slows down climate change. Regrown forest or shgèe absorbs higher level of carbon than aged forest.

Khúe-shgèe is the earliest form of streetwise education for Pgakenyaw youth from the Karen indigenous peoples.

Children learn about khúe-shgèe philosophy and cultivation techniques and take up farming tasks from an early age.

The belief system of respectful way of living through traditional knowledge has been transmitted for generations through oral tradition and folklore.



Nutrition, Health and Well-being

© Garreth Brown / Shutterstock.com

Kufusa (Drying of post-harvest fruits and vegetables for preservation), Eswatini

Food Security and Sovereignty

Sustainable Tourism

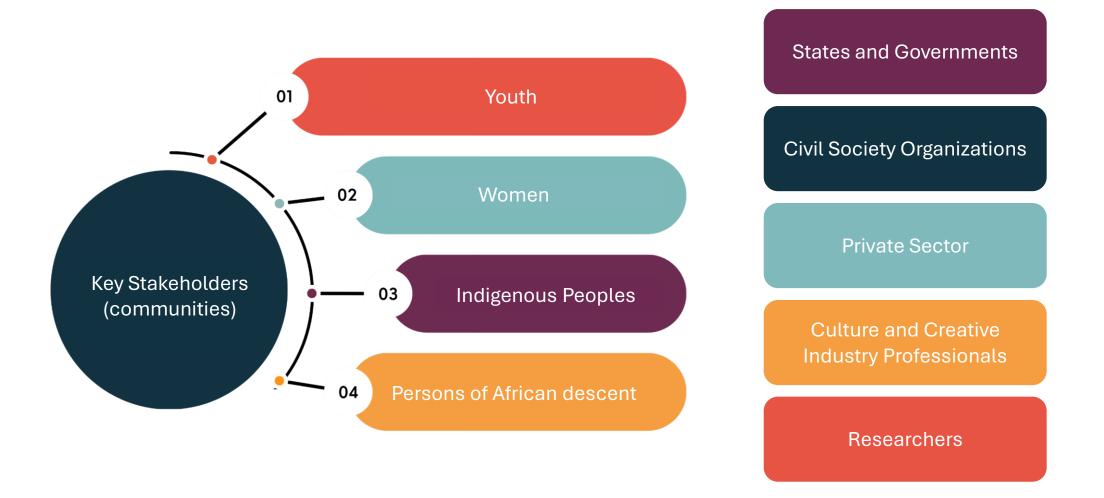
© B.Taivanjargal, Mongolia, 2012

Traditional technique of making Airaq in Khokhuur and its associated customs, Mongolia

Ir Achu, Ndole, Pkwem, and other elements from Cameroon

© Raoul NGOTTY ELONG

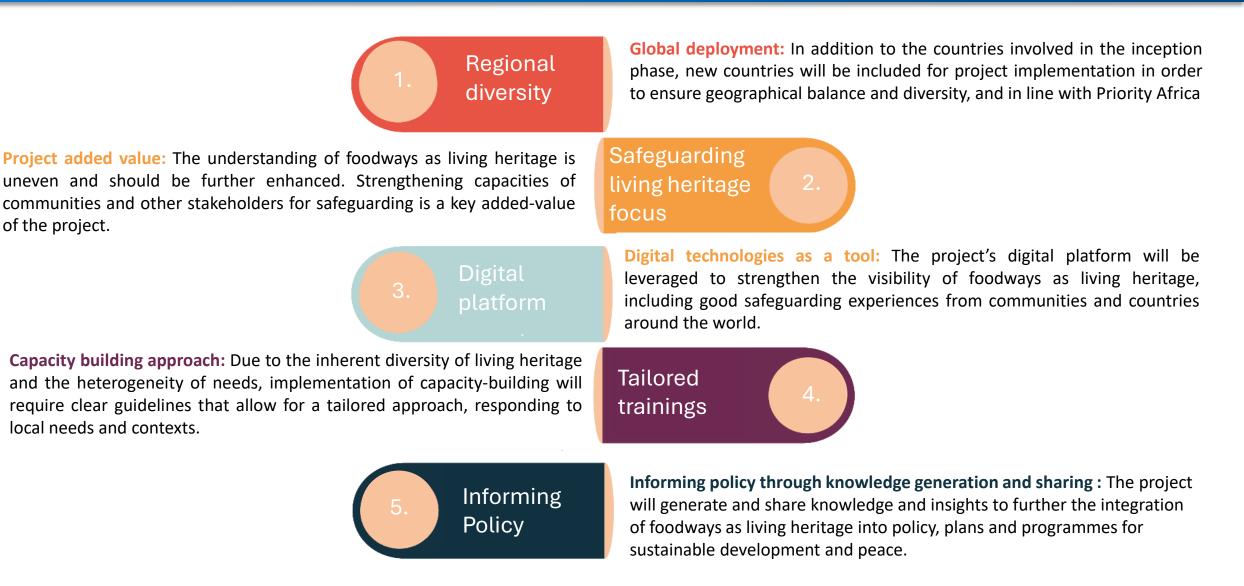
Field inception phase – Stakeholders





Capacity-building	 On how to conduct community-based awareness-raising, involving youth and other stakeholders On the safeguarding approach to living heritage with a focus on communities, in particular, youth On the connections between foodways as living heritage and major sustainable development themes, such as climate action and community livelihoods
Knowledge-sharing	 Platforms and opportunities for sharing good practices among a wide range of stakeholders led at State or international level Community-based inventorying and safeguarding initiatives Community-based research on living heritage elements
Policy and governance	 Inclusion of foodways safeguarding in cross-cutting policy areas such as environment, agriculture, tourism, hospitality, etc. Strengthening recognition of knowledge and skills, such as through training programmes and certifications Establish better mechanisms to valorise and strengthen the contribution of foodways as living heritage to sustainable livelihoods of communities Stronger recognition and strengthening of community-based governance mechanisms







of the project.

KEY CHALLENGES	OPPORTUNITIES
 Limited awareness of stakeholders including youth, local communities, and heritage bearers on the living heritage approach to foodways. Loss of knowledge and skills due to lack of proper inventorying, transmission channels, standardization of food consumption 	Capacity building tailored to various contexts can strengthen the transmission of foodways as living heritage and create effective channels for their safeguarding. This will reinforce the vital support of foodways to community livelihoods
Adverse effects of climate change on foodways ecosystems	Living heritage conveys and transmits knowledge, know-how and practices that can contribute to build climate resilience and address food security concerns
Limited institutional support for inventorying, documenting and safeguarding foodways	Multi-stakeholder initiatives on foodways as living heritage can raise awareness on the importance of safeguarding them and provide opportunities to conduct inventories, documenting, etc.
Limited opportunities for peer-learning and exchanges	Digital technologies can strengthen the safeguarding of foodways as living heritage, and create effective channels for cooperation, peer learning and experience sharing.



Country Experiences from Asia and the Pacific and Latin America and the Caribbean

Asia and the Pacific: Japan, Mongolia, People's Republic of China and Republic of Korea

 Latin America and the Caribbean:
 Bolivia (Plurinational State of) and Peru



Country Experiences: Asia and the Pacific



Ministry of Culture

The rich tapestry and challenges of safeguarding food traditions and practices across East Asia in Japan, Mongolia, the People's Republic of China and Republic of Korea

Anna Wai Yau, Independent Heritage Specialist and Facilitator of the 2003 Convention

Foodways As Shared Heritage



Interconnectedness: Culture-Nature-Health

East Asian foodways is the strong correlations between nature, climate, diet and health.

The shared philosophy of "food as daily health care", emphasizing the consumption of seasonal crops aligned with local eco-climatological conditions.

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Community Identity

Food connections are formed through personal stories and communal memories and experiences over generations



COUNTRY	ICH Elements (documented by the expert as of October 2024)*					
Japan	• Washoku, traditional dietary cultures of the Japanese, notably for the celebration of New Year (2013)					
Mongolia	Falconry, a living human heritage (2021)					
	Traditional technique of making Airag in Khokhuur and its associated customs (2019)					
People's Republic of	Traditional tea processing techniques and associated social practices in China (2022)					
China	• The Twenty-Four Solar Terms, knowledge in China of time and practices developed through observation of sun's annual motion (2016)					
	• Falconry, a living human heritage (2021)					
Republic of Korea	Culture of Jeju Haenyeo (women divers) (2016)l					
	Kimjang, making and sharing kimchi in the Republic of Korea (2013)					

* The number of inscribed foodways related elements in the selected countries has increased post 19COM



Country	ICH elements	Lists of the 2003 Convention		Habitat	Primary	Secondary	Tertiary	Associated with GIAHS/Cities of Gastronomy
	Kyoto cuisine, the integrated practices of the production, preparation, hospitality, and aesthetics of Kyotoness	N	Y	Urban		\checkmark	\checkmark	No
Japan	Traditional Japanese sake brewing techniques using koji mold	Y	Y	Rural-urban		~	\checkmark	Noto's Satoyama and Satoumi
	Ainu food culture	N	N	Rural-urban (land and sea)	~	~	~	No, but Shiretoko is part of Ainu's Indigenous territories
Mongolia	Traditional technique of making Airaq in Khokhuur and its associated customs	Y	Y	Pastoral	\checkmark	\checkmark		No



Country Experiences: Asia and the Pacific

Country	ICH elements			Habitat	Primary	Secondary	Tertiary	Associated with GIAHS/Cities of Gastronomy
	Traditional tea processing techniques and associated social practices in China	Y	Y	Rural-urban	\checkmark	\checkmark	\checkmark	Yes, Cultural Landscape of Old Tea Forests of Jingmai Mountain
People's Republic of China	Traditions fermentation and brewing technique of soy sauce production in China	N	Y	Peri-urban		\checkmark	\checkmark	No
	Traditions of processing and consuming medicinal health care herbal tea in Southern China	N	Y	Urban		\checkmark	\checkmark	No
Republic of Korea	Kimjang, making and sharing kimchi	Y	Y	Rural-Urban		\checkmark	\checkmark	No



	Support to small to medium scale foodways core communities	Support to associated communities such as trade associations or NGOs who may act as intermediaries or project partners	Support to local and national government
Objectives	• Enhance capacity building and community empowerment for the strengthening the foodways safeguarding practice	 Enhance capacity building for facilitating and strengthening foodways and ICH-related activities in partnership with foodways community members 	• Enhance capacity building for building administrative structures that facilitate long term safeguarding of foodways and ICH at local and national level
Tangible needs	 Provision and support of affordable physical space and venue, facilities, and infrastructure Stable supply of affordable foodways associated materials, ingredients, and tools and objects Access to manpower 	 Incentive to support the development of new recognition and competency standards that embrace sustainability in the work towards safeguarding ICH 	 Funding dissemination Facilitate cross-ministerial communication and collaboration to develop new policies or mechanisms to recognize foodways as living heritage and provide support to stakeholders



Asia and the Pacific - Key Needs and Support Mechanisms

	Support to small to medium scale foodways core communities	Support to associated communities such as trade associations or NGOs who may act as intermediaries or project partners	Support to local and national government
Intangible needs	 Recognition of involvement and contributing to ICH/foodways Capacity building for enhanced access and knowledge of legal instruments, associated rights to space and practices in relation to the 2003 Convention and foodways within local context Knowledge sharing and promotion platform Access to mentorship and nonfoodway skills 	 Foodways literacy Ethics in community engagement Articulate the values and meanings of the foodways Information repository of funding/collaboration and partnership matching opportunities Access to mentorship focused on ICH principles and ethics 	 Foodways literacy Skills workshop for collaborating and communicating with stakeholders Networking, collaboration, and peer-learning opportunities locally and internationally Advisor for building a foodways-based ecosystem for sustainable development



Safeguarding of foodways in Bolivia (Plurinational State of) and Peru

Miguel Ángel Hernández Macedo, Anthropologist and Facilitator of the 2003 Convention







Bolivia (Plurinational State of)

Bolivia is a megadiverse country due to its geographical position, which contains multiple ecosystems that determine cultural variability, together with the forms of interrelation with the environment, building different consumption and knowledge.

Peru

- Position of the country's food practices at a global level.
- Vision of food as a product of cultural diversity and human creativity.
- Food practices as an expression of local, regional and national identity
- Articulation of values, meanings, techniques, knowledge and institutions of the populations that have inhabited the Peruvian territory.





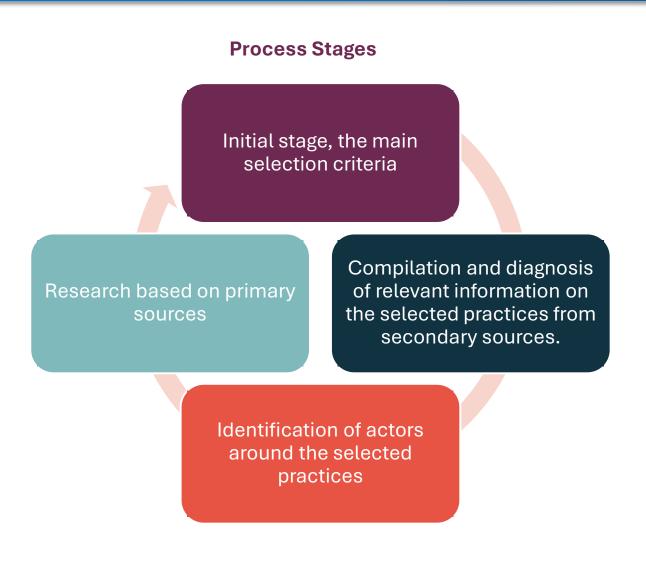
© Ministry of Culture of Peru, 2018

Methodology

As for the methodology used, the process of identifying food practices was based on a qualitative approach that managed to characterize, describe, and analyze social phenomena on the basis of information from both secondary and primary sources.

The form of research proposed was the case study, its main objective being to deepen the information about knowledge, spaces and territories, as well as communities and actors involved in significant food practices in both countries.





Criteria

The diversity of the foodways are related to living heritage elements on the Convention's lists and/or national lists, elements with interlinkages to World Heritage sites, Creative Cities of Gastronomy, GIAHS, etc.



Selected Practices: Bolivia (Plurinational State of)

Selected Practices: Peru

The apthapi, food practice of the Bolivian highlands

Ají and maní (Chili and peanuts), culinary traditions of the valleys of Chuquisaca

Artisanal liquors from Vallegrande

Traditional Fishing of the Weenhayek people

Practices and meanings associated with the preparation and consumption of ceviche in Tumbes and Piura

The knowledge, management and consumption of corn in Cusco

Arequipa's traditional cuisine

Traditional fishing of the Kandozi Amazonian indigenous people



Safeguarding needs

The safeguarding experiences documented, and the capacity building needs identified from the field.









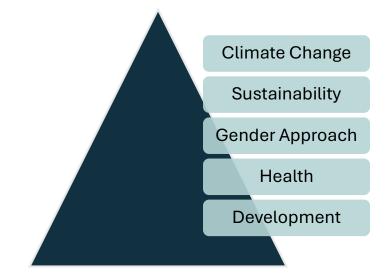
Awareness-raising

Capacity-building

Articulation

Knowledge-sharing





Systemic and integrative approach of foodways safeguarding

The food practices are complex systems that require a multisectoral approach for their safeguarding.



Natural Resources

Territory



Complementary logic



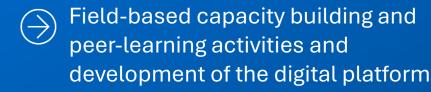


Safeguarding need: Stakeholders



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Way Forward Implementation Phase: March 2025 - December 2026



Selection of project countries



Project Activities: 2025

OUTPUT	PHASEI	PHASE II
Digital Platform	Development of platform architecture, within the UNESCO platform on sharing community- based good safeguarding experiences (Art. 18), displaying 50+ foodways related living heritage elements from 50+ countries, illustrating connections to other UNESCO Conventions/Programmes, and to the Sustainable Development Agenda	Audio-visual content about safeguarding initiatives of selected elements from the inscribed on the Lists
Capacity-Building	Building the basics: Implementation of the Convention; Inventorying; Safeguarding 1 Training for trainers at the national level Workshops for public institutions and local governments, for private and civil society stakeholders and communities	Supporting community- led safeguarding initiatives, through project management skills, communication and awareness-raising, etc.
Knowledge Sharing	Inception phase results workshop Desk research of policy landscapes of project countries Initial insights on community-based safeguarding of foodways through different modalities	



Ουτρυτ	PHASE III
Digital Platform	Populating of the platform with safeguarding initiatives from communities in project countries Audiovisual material, including testimonials from the project stakeholders and communities
Capacity-Building	Seed funding and mentorship for community-led initiatives with a focus on youth
Knowledge Sharing	National peer-learning workshops, involving communities (1 per project country) Inter-institutional policy meetings (1 per project country) Regional peer-exchange workshops (online, 1 per region) Development and finalization of the toolkit "Our foodways for sustainable development"



Africa Dakar Office Cote d'Ivoire Senegal Harare Office Zambia Zimbabwe Yaoundé Office Cameroon

Asia and the Pacific Bangkok Office Lao PDR Beijing Office Mongolia Jakarta Office Indonesia India Arab States Doha Office Kuwait Rabat Office Morocco Tunisia

New Delhi Office

Europe and North America Venice Office Moldova Latin America and the Caribbean Montevideo Office Argentina Bolivia (Plurinational State of) Lima Office Peru

16 Countries5 Regions12 UNESCO Field Offices

* This initial proposal is made in consultation with the UNESCO Field Offices. Contact will be established with, and confirmations will be sought from the project countries in due course.

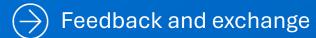


Secondary Beneficiary Countries: Digital Platform*

Algeria	Iran (Islamic Republic of)	Qatar		
Armenia	Italy	Republic of Korea		
Azerbaijan	Japan	Saudi Arabia		
Brazil	Jordan	Senegal		
China	Kazakhstan	Serbia		
Côte d'Ivoire	Kenya	Singapore		
Croatia	Kyrgyzstan	Spain		
Cuba	Lebanon	Sweden		
Cyprus	Malawi	Tajikistan		
Democratic People's Republic of Korea	Malaysia	Thailand		
Djibouti	Malta	Tunisia		
Dominican Republic	Mauritania	Türkiye		
Estonia	Mexico	Ukraine		
France	Morocco	United Arab Emirates		
Georgia	Netherlands (Kingdom of the)	Uzbekistan		
Greece	Norway	Venezuela (Bolivarian Republic of)		
Haiti	Oman			
Honduras	Peru	50 elements		
Indonesia	Portugal	5 Regions		
		54 countries		

* These represent the countries with existing inscriptions of foodways related living heritage elements on the Lists of the Convention, which will be updated following each session of the Intergovernmental Committee for the Safeguarding of Intangible Cultural Heritage









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